

Bullying Facts & Solutions

13% of 6-10th graders report being a bully. 11% report having been bullied--(youthsafety.org).

An estimated 1.6 Million 6-10th graders are bullied each week--(OJJDP).

Boys are bullied more often than girls.

- Boys are usually hit, slapped, or pushed.
- Girls are usually subjected to sexual comments or rumors.

Continued bullying can:

- Lower self-esteem
- Create social isolation
- Cause anxiousness and depression.

These effects can carry on into adulthood years after bullying has stopped.

Drastic effects of being bullied can be carrying a weapon or contemplating suicide.

Bullying is often a warning sign of even worse behavior later in life.

Schools likely to have bullying:

- Lack adult supervision during breaks
- Have teachers and students that are indifferent to or accept bullying behavior
- Do not consistently enforce rules against bullying.

Cracking down on individual bullies has proven to be an ineffective solution.

Effective programs can reduce bullying by 50%. Effective programs include:

- Knowledge and Awareness of bullying as a problem
- Adult Involvement and Supervision
- Clear Rules
- Support and Protection for Students that are bullied.

Everyone must be involved--parents, teachers, administrators, crossing guards, volunteers, and cafeteria custodial staff.

- Adults become aware of bullying situations and involve themselves.
- Students pledge not to bully and help other students who are being bullied.

For additional information visit: www.modelprograms.samsha.gov

